## **Genesis of Pittsburgh**

## The Learning Center Classes - September 2021

Open Monday - Friday \*Please call ahead\*
139 N. Fremont Ave, 2nd Floor Pittsburgh (Bellevue), PA 15202
genesispgh.org Call 412-761-1845 to Register
CLIENTS MUST BE PA RESIDENTS

Core Classes needed for the Baby Bucks Program are Bolded

\*Underlined Classes do NOT qualify for new car seat, mattress and crib.

Twitter: @GenesisPgh

Facebook: facebook.com/Genesis-of-Pittsburgh or search @GenesisofPgh

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
*Must register for all in person classes & events*	Call 412-761-1845 to register!	In Person @ Learning Center      In Pre Childbirth Danger Signs     with CCBC Nursing Students     Ipm Biology of Prenatal     Development	ZOOM     11am Understanding Pregnancy     2pm Nutrition     6pm Infant Bonding	3. In Person @ Learning Center  11am Do's & Don'ts During Pregnancy with CCBC Nursing Students 1pm Baby Sign Language	4.
6. Happy Labor Day! The Learning Center will be closed.	7. ZOOM  11am NEWBORN CARE 1 1pm The Secret Life of the Baby's Brain	8. In Person @ Learning Center  11am Post Childbirth Danger Signs with CCBC Nursing Students 1pm 10 Things Every Child Needs	9. ZOOM  11am Taking Care after Childbirth 2pm Nutrition 6pm Big Belly Mom Hacks	10. In Person @ Learning Center  11am Postpartum Depression with CCBC Nursing Students 1pm Bringing Home Baby	11.
13. In Person @ Learning Center  11am NEWBORN CARE 1 12pm NEWBORN CARE 2 1pm NEWBORN CARE 3  ZOOM 6PM Emotions of Pregnancy	14. ZOOM  11am Postpartum Care and Recovery 6pm Breast or Bottle?	15. In Person @ Learning Center  11am Thriving PostPartum with CCBC Nursing Students 1pm Sleep Easy Solution	16. ZOOM  11am NEWBORN CARE 2 1PM C-Section Info and Recovery	17. In Person @ Learning Center 10am SPECIAL BRA, UNDERWEAR, FEMININE Product Giveaway! Come see the Levana Bratique Van & receive all items! Call to Register!  11am Pain Control Labor, Delivery & Postpartum with CCBC Students	18.
20. The Learning Center is closed today.  ZOOM 6PM FIRST AID	21. ZOOM  11am Communication and Speech w/TEIS 1pm NEWBORN CARE 3	22. Bath Kneeler Giveaway!  Sign up for a Bath Safety class at 11am OR 1pm. Must be pregnant or have a child under 1. All will receive a bath kneeler & bath supplies!	23. ZOOM  11am Amazing Talents of the Newborn 6pm BREASTFEEDING	24. Dress for Success 11am - 2pm  Call to sign up for a time to come in for a personalized shopping experience!  Must be employed or looking for a job.  Must be pregnant or have a child under 1. We promise you'll love it!	25.
27. The Learning Center is closed today.  ZOOM 6PM INFANT CPR (& Choking)	28. *No ZOOM Classes*	29. In Person @ Learning Center  11am Amazing Talents of a Newborn 12pm Baby Sign Language 1pm Taking Care of Yourself after Childbirth	30. In Person @ Learning Center  11am Comfort Measures: How to Ease Pain throughout your Labor Followed by a Q & A Session with Doula Syreeta  *No ZOOM Classes*		